



## **SEPARATION OF FAMILIES AT THE BORDER: WHAT CAN WE DO?**

**1**

**Breathe, Feel & Connect** - These are painful issues and difficult times. Stand in solidarity with others. Build community. Practice self-care. Pray.

**2**

**Know the Facts** - Get informed on the issues. Sign up for regular e-mail updates. Read and share *Sealing the Border*, HOPE's latest research.

**3**

**Make Some Noise** - Oppose anti immigrant legislation like the Goodlatte and Ryan bills which will be voted on next week. Write and call your elected officials.

**!** **Join us for a candlelight procession in solidarity with our migrant sisters and brothers on Friday evening, July 20th, 2018.**

*Go to [www.hopeborder.org](http://www.hopeborder.org) to find out more*